

August Pre-Season Camp

August 1-12 is our annual pre-season camp. Each player is expected to attend. Our regular Fall training schedule begins Monday August 15 and remains the same through October 28 for U7-U14.

Youth

	Monday	Tuesday	Wednesday	Thursday	Friday		Monday	Tuesday	Wednesday	Thursday	Friday
	1-Aug	2-Aug	3-Aug	4-Aug	5-Aug		8-Aug	9-Aug	10-Aug	11-Aug	12-Aug
U7							9 - 10:30 am	9 - 10:30 am	9 - 10:30 am	9 - 10:30 am	9 - 10:30 am
U8							9 - 10:30 am	9 - 10:30 am	9 - 10:30 am	9 - 10:30 am	9 - 10:30 am
U9							6 - 8:00 pm	6 - 8:00 pm	6 - 8:00 pm	6 - 8:00 pm	6 - 8:00 pm

Girls

	Monday	Tuesday	Wednesday	Thursday	Friday		Monday	Tuesday	Wednesday	Thursday	Friday
	1-Aug	2-Aug	3-Aug	4-Aug	5-Aug		8-Aug	9-Aug	10-Aug	11-Aug	12-Aug
U10	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm			5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	
U11	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm			5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	
U12	6:30 - 8pm	6:30 - 8pm	6:30 - 8pm	6:30 - 8pm			6:30 - 8pm	6:30 - 8pm	6:30 - 8pm	6:30 - 8pm	
U13	5 - 6:45 pm		6 - 8:00 pm	5 - 6:30pm			5 - 6:45 pm		6 - 8:00 pm	5 - 6:30pm	
U14	7 - 8:45 pm	5 - 7:00 pm		6:30 - 8pm			7 - 8:45 pm	5 - 7:00 pm		6:30 - 8pm	

Boys

	Monday	Tuesday	Wednesday	Thursday	Friday		Monday	Tuesday	Wednesday	Thursday	Friday
	1-Aug	2-Aug	3-Aug	4-Aug	5-Aug		8-Aug	9-Aug	10-Aug	11-Aug	12-Aug
U10	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm			5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	
U11	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm			5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	
U12			6:30 - 8pm	6:30 - 8pm			6:30 - 8pm	6:30 - 8pm	6:30 - 8pm	6:30 - 8pm	
U13	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm			5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	5 - 6:30pm	
U14	6:30 - 8pm	6:30 - 8pm	6:30 - 8pm	6:30 - 8pm			6:30 - 8pm	6:30 - 8pm	6:30 - 8pm	6:30 - 8pm	

August 1-2 Only the U10 Premier and U11 Elite and Academy teams will participate