

Hammer FC Training Schedule

**Our regular Winter training schedule begins Monday October 31 for U15 - U18.
If you have any questions regarding your team schedule, please contact your DoC.**

Girls						
		Monday	Tuesday	Wednesday	Thursday	Friday
U15	Premier	5:00 - 6:30	6:00 - 8:00		6:30 - 8:00	
	Elite	6:30 - 8:00	6:00 - 8:00		5:00 - 6:30	
U16	Premier	6:30 - 8:00	7:00 - 8:30		6:30 - 8:00	
	Elite	5:00 - 6:30		5:00 - 6:30	6:30 - 8:00	
U17	Premier	6:30 - 8:00	5:30 - 7:00		5:00 - 6:30	
	Elite	5:00 - 6:30		6:30 - 8:00	5:00 - 6:30	
U18	Premier	6:30 - 8:00	7:00 - 8:30		6:30 - 8:00	
GK	Premier			5:00 - 6:00		
	Elite			6:00 - 7:00		
Boys						
		Monday	Tuesday	Wednesday	Thursday	Friday
U16	Premier	5:00 - 6:30	5:00 - 6:30		5:00 - 6:30	
	Elite	5:00 - 6:30		5:00 - 6:30	5:00 - 6:30	
	GK	5:00 - 5:45			5:00 - 5:45	
U17	Premier	6:30 - 8:00	6:30 - 8:00		6:30 - 8:00	
	Elite	6:30 - 8:00		6:30 - 8:00	6:30 - 8:00	
	GK	6:30 - 7:15			6:30 - 7:15	

Training Locations are Color Coded

Turpin High School	Anderson High School	Xavier University
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