

Hammer FC Training Schedule

If you have any questions regarding your team schedule, please contact your DoC.

Training Locations are Color Coded

Summit Elementary	Armory	RiversEdge Field #1	RiversEdge Field #2	RiversEdge Field #3
8400 Northport Drive	4100 Reading Road	5255 State Route 128	5255 State Route 128	5255 State Route 128

Men

	Week Of	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
U13P	15-Jan	8:30 am - 10:00 am			7:00 pm - 8:00 pm			2:00 pm - 3:00 pm
	22-Jan	8:30 am - 10:00 am			7:00 pm - 8:00 pm			2:00 pm - 3:00 pm
	29-Jan	10:00 am - 12:00 pm			7:00 pm - 8:00 pm			2:00 pm - 3:00 pm
	5-Feb	10:00 am - 12:00 pm			7:00 pm - 8:00 pm			2:00 pm - 3:00 pm
	12-Feb	8:30 am - 10:00 am			7:00 pm - 8:00 pm			2:00 pm - 3:00 pm
	19-Feb	8:30 am - 10:00 am			7:00 pm - 8:00 pm			2:00 pm - 3:00 pm
	26-Feb	10:00 am - 12:00 pm			7:00 pm - 8:00 pm			
U14P	15-Jan	10:00 am - 12:00 pm			7:00 pm - 8:00 pm			3:30 pm - 5:00 pm
	22-Jan	10:00 am - 12:00 pm			7:00 pm - 8:00 pm			3:30 pm - 5:00 pm
	29-Jan	10:00 am - 12:00 pm			7:00 pm - 8:00 pm			3:30 pm - 5:00 pm
	5-Feb	10:00 am - 12:00 pm			7:00 pm - 8:00 pm			3:30 pm - 5:00 pm
	12-Feb	8:30 am - 10:00 am			7:00 pm - 8:00 pm			3:30 pm - 5:00 pm
	19-Feb	8:30 am - 10:00 am			7:00 pm - 8:00 pm			3:30 pm - 5:00 pm
	26-Feb	10:00 am - 12:00 pm			7:00 pm - 8:00 pm			
U16P	15-Jan	8:30 am - 10:00 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
	22-Jan	8:30 am - 10:00 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
	29-Jan	8:30 am - 10:00 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
	5-Feb	8:30 am - 10:00 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
	12-Feb	8:30 am - 10:00 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
	19-Feb	8:30 am - 10:00 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
	26-Feb	8:30 am - 10:00 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
U16E	15-Jan			8:00 pm - 8:45 pm	7:00 pm - 9:00 pm		5:15 pm - 6:00 pm	
	22-Jan			8:00 pm - 8:45 pm	7:00 pm - 9:00 pm		5:15 pm - 6:00 pm	
	29-Jan			8:00 pm - 8:45 pm	7:00 pm - 9:00 pm		5:15 pm - 6:00 pm	
	5-Feb			8:00 pm - 8:45 pm	7:00 pm - 9:00 pm		5:15 pm - 6:00 pm	
	12-Feb			8:00 pm - 8:45 pm	7:00 pm - 9:00 pm		5:15 pm - 6:00 pm	
	19-Feb			8:00 pm - 8:45 pm	7:00 pm - 9:00 pm		5:15 pm - 6:00 pm	
	26-Feb			8:00 pm - 8:45 pm	7:00 pm - 9:00 pm		5:15 pm - 6:00 pm	
U17P	15-Jan	7:00 am - 8:30 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
	22-Jan	10:00 am - 12:00 pm		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
	29-Jan	7:00 am - 8:30 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
	5-Feb	7:00 am - 8:30 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
	12-Feb	7:00 am - 8:30 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
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	26-Feb	7:00 am - 8:30 am		8:00 pm - 8:45 pm			4:30 pm - 5:15 pm	
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	19-Feb			8:00 pm - 8:45 pm	5:00 pm - 7:00 pm		5:15 pm - 6:00 pm	
	26-Feb			8:00 pm - 8:45 pm	5:00 pm - 7:00 pm		5:15 pm - 6:00 pm	